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Double service: Firemen in BCT

#### IN FOCUS



Heroism defines former gymnast PAGES 20-21

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# The Fort Jackson Leader



Thursday, August 20, 2009

Published for the Fort Jackson/Columbia, S.C. Community

www.jackson.army.mil

# Master plan

## Leaders outline progress of key initiatives

By SUSANNE KAPPLER

Fort Jackson Leader

Five months after Fort Jackson leadership introduced the installation's campaign plan, senior leaders touted the plan's progress during an offsite meeting at the Columbia Museum of Art last week.

Brig. Gen Bradley May, Fort Jackson commanding general, said the plan has already made its mark on all aspects of business on Fort Jackson.

"We see the campaign plan really driving our daily operations," May said.

Col. Jeffrey Sanderson, Fort Jackson chief of staff, who briefed those in attendance on the progress made on the plan's initiatives, said he was pleased with the developments in recent months to achieve the campaign plan's objectives.

"Overall, we have made tremendous progress with all aspects of our campaign plan," Sanderson said. "We are confident we identified the correct campaign objectives, or targets, that we can then devote mental energy and resources against."

The campaign plan follows three lines of operation — training, quality of life and support and sustainability. A total of 10 campaign objectives and 49 major objectives fall under the lines of operation, as outlined in the plan's strategy map.

"We have made significant progress all across our strategy map," Sanderson said.

He pointed out that one area that has seen significant progress is the development of new housing on post. Sanderson predicted that the improved housing situation will change the dynamics of Fort Jackson from a commuter installation to an installation with a larger number of on-post residents.

Another area that has seen significant progress is the campaign objective "mitigation of persistent conflict" (7.0 on the strategy map).

"We have made several great strides in

See CAMPAIGN PLAN: Page 13

### Close combat training



Photo by STEVE REEVES

Soldiers with the 2nd Battalion, 39th Infantry Regiment learn close combat moves Monday. Once the Soldiers have mastered those moves, they will move on to the bayonet range for more in-depth close combat training.

## They're our backbone, not just this year

s you know, for the past eight months, the Army has been observing the Year of the NCO. There have been a number of historic news events across the Army during the course of the year, dealing directly with NCO accomplishments.

Highlighting the list of significant events this year was the change of leadership at the U.S. Army Sergeants Major Academy, in which a command sergeant major assumed the commandant post, a position that had been always held by an officer.

Here at home, Fort Jackson has received a lot of attention with our selection of the first female commandant of the Drill Sergeant School. Both of these milestones certainly convey a message to the general public about the high level of trust and responsibility the Army puts in its NCOs.

On Fort Jackson, NCOs carry tremendous responsibilities that continue to increase. Consider that Fort Jackson is the Army's single source trainer for drill sergeants at the Drill Sergeant School and will soon be the single source trainer for Advanced Individual Training platoon sergeants.

Think about the future impact of that for a second. That means that every Soldier who goes through Basic Combat Training or AIT will be exposed to and likely influenced by the teachings at Fort Jackson.

I take great comfort in that thought, because — as we

#### BRIG. GEN. BRADLEY W. MAY

Fort Jackson Commanding General



all know — our drill sergeants here at Fort Jackson show our Soldiers what right looks like — as our cadre like to point out — the moment the Soldiers get off the bus.

As I have said in the past, I fall way short on accolades when I talk about our drill sergeants, AIT platoon sergeants and all of the other great NCOs. I am so proud of our NCOs, and I am continually amazed at the dedication and devotion they have for their important mission as well as for their families.

Rest assured, I will continue to have these feelings long after the Year of the NCO passes. Perhaps that's the all-important point that should be made as we head down the backstretch of the Army's toast to NCOs: We should not just let the Year of the NCO pass or fade away, but rather use it as a template or springboard for the next decade.

The Year of the NCO is a one-year campaign, comparable to what sports fans might view as the full-court press in basketball. Strategic initiatives get turned up a notch or two. We launch pride in service initiatives. We look at ways to enhance NCO leadership skills, bolster educational opportunities and methods to improve and expand fitness training. Summed up, we do a lot of things, but there will always be room for improvement. They should not be front and center one year, and forgotten the next. I would like to view this Year of the NCO as a foundation — strong building blocks for the future.

We have seen many NCOs showcased this year, with many of Fort Jackson's NCOs profiled in this newspaper. We have also seen major improvements in programs and fitness — a prime example being the way we have stepped up resiliency training and begun focusing on comprehensive Soldier fitness.

I have no doubt that the future will hold additional enhancements. Nevertheless, one thing will remain constant: NCOs are the backbone of the Army regardless of the year.

As you know, that thought didn't originate with me, nor was it crafted specifically to promote the Year of the NCO. No, that thought has been around a long, long time.

For NCOs, it's part of their creed. For officers, it's part of our common knowledge.

Army Strong!

## Leader

#### Fort Jackson, South Carolina 29207

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Online editor/Staff writer	Mike A. Glasch
Staff writer	Steve Reeves
Staff writer	Delawese Fulton
Web site	www.jackson.army.mil

### Ask the garrison commander about:

## Reserve Soldier's DD Form 220

I'm an enlisted Reserve Soldier. When I graduated from BCT, why did I receive a DD Form 220 (Active Duty Record) instead of the DD Form 214 (Certificate of Release or Discharge from Active Duty)?

If a Soldier enlisted under the United States Army Reserve Split Training Program or the Army National Guard of the United States Alternate Training Program, a DD Form 220 is issued if the Soldier completes less than 90 consecutive days on Active Duty. If the Soldier completes at least 90 consecutive days on active duty, a DD Form 214 will be issued.

I have a pending Army recruiter application? I am required to have a mental evaluation in the packet. Why is a mental evaluation required?

The requirements for Army recruiter as listed in Army Regulation 601-1, Assignments of Enlisted Personnel to the U.S. Army Recruiting Command, Chapter 2, Section 2-4a (11) states:

Have a mental evaluation statement not older than six months verifying that the Soldier has no record of emotional or mental instability. This evaluation must be based COL.
LILLIAN A. DIXON
Fort Jackson
Garrison
Commander



on a personal interview and screening of health records by a qualified mental health care provider (waiver not authorized).

Contact the Recruiter Branch at the Human Resources Command or visit www.hrc.army.mil.

#### **GARRISON FACT OF THE WEEK**

Did you know that a 150-pound person burns approximately 378 calories when ballroom dancing for a one hour period? So reach for the stars and dance for health!

To submit questions, call 751-2842, or e-mail scott.nahrwold@conus.army.mil.

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## Educator outlines women's progress

#### By DELAWESE FULTON

Fort Jackson Leader

Dreher High School principal Jeanne Stiglbauer celebrated the achievements of women with Fort Jackson leadership at the post's annual Women's Equality Day luncheon. The Columbia educator also called for women to push for more progress.

This year's luncheon, held Tuesday at the Fort Jackson Officers' Club, was hosted by the Fort Jackson DENTAC. DENTAC'S commander Col. Michael Cuenin said he invited Stiglbauer to speak because she is a leader in her field who has garnered the respect of students and parents alike. Cuenin added that his son is a recent graduate of Dreher High School.

The official date of Women's Equality Day is Aug. 26. Cuenin said Fort Jackson's leadership decided to celebrate the day a week early because of schedule conflicts. Women's Equality Day commemorates the passage of the 19th Amendment which gave women full voting rights.

Stiglbauer, a wife and mother of three, has served as an educator in Richland School District One for more than 30 years. She has been named a national distinguished principal and recipient of the South Carolina Milken National Educator Award.

Cuenin said Stiglbauer's selection as speaker at the Equality Day luncheon not only honored the achievements of a local woman but it was also symbolic of the similar responsibilities of educators and military officials.

"A lot like at Fort Jackson, where parents leave their



Photo by DELAWESE FULTON

Jeanne Stiglbauer, principal of Dreher High School, speaks during the Women's Equality Day luncheon Tuesday at the Officers' Club.

children to be trained, parents also leave their children at schools," he said.

In her address Tuesday, Stiglbauer told the audience of Soldiers, officers and civilian employees that "we have in-

deed come a long way, baby." Women's suffrage efforts in the 1800s and 1900s and the victory in 1920 have brought women to this point, she said.

Women have made great strides in the last 100 years. They are doctors, Nobel Prize winners and politicians, Stiglbauer said. Even still, she encouraged the Soldiers — particularly the women — to ponder and act on this thought: "What can we do to speed progress for ourselves ... for our daughters ... our sisters throughout the world?"

Stiglbauer said the 19th Amendment gave women their voice, but it is up to women to use that voice.

"The truth is that we're responsible for our own fate," she said.

Stiglbauer's words resonated with many of the women at the luncheon.

"I thought her comments were timely and appropriate," said Diann Lucas, an Equal Employment Opportunity specialist.

If women are to make any more advances, "we have to do it ourselves," Lucas said.

Paula Darrow, who served in the Women's Army Corps and is a senior operations assistant at Fort Jackson, said she truly appreciates the advances women have made in our society — especially the military. She admires that there is a garrison commander, colonels, command sergeants major and first sergeants who are women.

"When I came into the WAC, we weren't considered Soldiers," Darrow said. "And to see women now, they are on equal footing."

Delawese.Fulton@us.army.mil

### Assuming responsibility



Photo by STEVE REEVES

Command Sgt. Maj. Cheryl Greene accepts responsibility as 187th Ordnance Battalion command sergeant major from Lt. Col. Darrell Aubrey during a ceremony Aug.12.

### New U.S. citizens



Photo by STEVE REEVES

Soldiers take the oath of U.S. citizenship during a ceremony Tuesday at the Post Conference Room. It was the first time the ceremony took place on Fort Jackson.

## Naval Chaplains School readies for move

#### By RICHARD ALEXANDER

Naval Station Newport Public Affairs Office

NEWPORT, R.I. — The Naval Chaplains School Command held its last Newport graduation ceremony in Brett Hall this week, which was followed by the "casing of the colors" in a symbolic transfer of the command from Naval Station Newport to Fort Jackson to become part of the new Armed Forces Chaplaincy Center.

The transfer is another directive mandated by Base Realignment and Closure Commission of 2005. The first Navy class will arrive in September.

The NCS will cease instruction in Newport Friday, and shortly thereafter move to Fort Jackson. The command will be renamed the Navy Chaplaincy School and Center, and will join the U.S. Army Chaplain Center and School and the U.S. Air Force Chaplain Service Institute in forming the new Armed Forces Chaplaincy Center.

This move is designed to foster closer cooperation among the three Chaplain Corps as well as enhance opportunities for shared instruction and training.

Approximately 50,000 men and women of virtually every faith group in the United States have been trained in Newport for service with the Navy, Marine Corps and Coast Guard.

Cmdr. Brian L. Simpson, Director of Training Naval Chaplains School, said there are more than 830 chaplains serving today with the sea services. Many of them have been in combat zones and combat actions in Iraq and Afghanistan, as well as Somalia and the Balkans.

The newly relocated Navy Chaplaincy School and Center will not only train religious ministry professionals to become Navy chaplains, but it also will train religious program specialists.



Photo by LISA RAMA, Naval Station Newport Public Affairs Office

Navy Chaplain (Capt.) Michael Langston, Naval Chaplain School Command commanding officer, right, is assisted by Command Senior Chief RPCS Scott Quinn in casing the colors following the last graduation for the Naval Chaplains School Basic Course in Newport, R.I. The Naval Chaplains School is relocating to Fort Jackson as part of the new Armed Forces Chaplaincy Center.

### Helping hands



Photo by CRYSTAL LEWIS BROWN

Fort Jackson volunteers are awarded for their work during the third quarter of this fiscal year in a ceremony at the Post Conference Room Wednesday.

## New in-state tuition rules help military

The College Board Web site recently released a report stating that the difference between in- and out-of-state tuition rates average \$7,000 for students attending a public university or college. Additionally, for many institutions, out-of-state tuition costs can be as much as four times the cost of in-state tuition.

Historically, public education institutions have used the permanent address of record as a primary factor for determining residency status and tuition rates.

What does this mean for the military family? At the very least, education choices are hindered as many state policies can come into play. Because military members and families move frequently, they often lose the benefits of in-state tuition consideration, as they no longer reside at their permanent address of record.

There has been little consistency on how public institutions determine residency benefits when working with mil-

Some states have recognized these extraordinary circumstances and provide in-state tuition consideration. Other states do so with some restrictions, while others have made determinations for tuition costs based solely on the

#### FINANCIAL ADVICE

**BV CHRISTINA CLARK** 

Army Community Service

permanent address of record.

The existing Higher Education Act was modified in July to enhance educational opportunities to service members and their families.

This change now provides a consistent way for service members and their families to qualify for in-state tuition rates at public universities and colleges. It also provides the ability to maintain the in-state tuition status despite the need for the military family to move.

One of the most important changes is for the student who is enrolled in a university or college and receives the in-state tuition benefit. As long as the student remains continuously enrolled at the current degree level, he or she will continue to pay the in-state tuition rate, even if the service member is reassigned outside the state.

This in-state tuition policy also applies in two additional situations. This benefit must be provided by schools in the

state of record, or home state, or to the domiciled state the state where the family and student live. To qualify for the in-state tuition status the student can fall under one of

This law applies to all public institutions that receive funds under programs authorized in the Higher Education Act. While the law is now in effect, there may be institutions that are not aware of these changes.

If you are in a situation where you find you are not receiving the in-state tuition rate and you qualify, you should immediately contact the financial aid or registrar's office of your school to make sure you get the financial credit. You can also contact the Veteran's Affairs office at the institution. Whether you are on active duty or a family member, these offices should be able to help you.

If you are unable to resolve the situation through these channels, you can also contact the Department of Education's Ombudsman's office toll-free at (877) 557-2575 or visit www.ombudsman.ed.gov.

For more information on this subject, please contact an Army Community Service Center financial counselor at

#### Job fair



Photo by SUSANNE KAPPLER

David Parham, who represents URS, discusses employment opportunities with Sgt. Kathy Griffin-Smithson, Task Force NARMC, during a job fair at the Solomon Center Tuesday.

#### IG TIP: FREEDOM OF INFORMATION ACT

generally provides that any person has a right, enforceable in court, to obtain access to federal agency records, except to the extent that such records (or portions of them) are protected from disclosure by one of nine exemptions or by one of three special law enforcement record ex-

Enacted in 1966, the FOIA established for the first time an effective statutory right of access to government information. The principles of govern-

The Freedom of Information Act ment openness and accountability underlying the FOIA, however, are inherent in the democratic ideal: "The basic purpose of FOIA is to ensure an informed citizenry, vital to the functioning of a democratic society, needed to check against corruption and to hold the governors accountable to the governed."

> The Supreme Court has emphasized that "official information that sheds light on an agency's performance of its statutory duties falls squarely within that statutory purpose."

### Shopping for school



Photo by DELAWESE FULTON

Kimber Bell does some back-to-school shopping Monday with her 9year-old son Oni and 6-year-old daughter Luri at Fort Jackson's Main PX. The Bells were looking for watches to sport at school — and to stay on time for class, her mom said. Oni and Luri attend Rice Creek **Elementary in northeast Richland County.** 

## Smoke detectors help protect lives

From the Directorate of Emergency Services

Smoke detectors are intended to save lives and to alert occupants when a fire occurs. When working smoke alarms are present, the chance of dying in a fire is cut in half.

Smoke alarms should be tested monthly to ensure they are working correctly.

To test a smoke alarm:

- Make sure the alarm is connected.
- Make sure batteries are in good working condition.
- Hold the test button down to make sure the alarm works.

A person's ability to get out of a burning building depends on advance warning from smoke alarms and advance planning.

Families should develop a home escape plan using the following guidelines:

- The plan allows for two ways out and a definite meeting place.
  - The routes have a clear path for egress.
  - Children know how to escape on their own.
  - Once you are out, stay out.
  - Everyone knows how to correctly dial 911.

Any on-post occupant who notices a malfunction in a smoke alarm should notify Balfour Beatty immediately by calling 790-7913. It is extremely important attend to problems as soon as possible in case a severe incident occurs. Under no circumstances should the occupant tamper with the smoke alarm.

To schedule a courtesy home inspection or to seek help in the development of an escape plan, contact the Fort Jackson Fire Department prevention office at 751-1610/5239.

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## **Housing Happenings**

☐ LifeWork events are free and open to all residents. To register, or for more information, e-mail cowilliams@bbcgrp.com or call 738-8275. Join the Life-Works e-mail list and stay informed. Stop by the management office and pick up a calendar of events. Visit www. ftjacksonfamilyhousing.com.

☐ This month only, residents who refer a friend will receive \$500 once the friend moves in.

☐ Remember the age restrictions for unattended

children. Under no circumstances should children in elementary school be left unattended at home. Residents should also ensure that their children respect and do not damage private property. Refer to the Resident Guide, "Home Alone and Juvenile Curfew, Pages 22-23. For more information, call 738-8275.

☐ The mayoral council is looking for volunteers to serve as mayor and vice mayor for the housing community.

Vice mayors are needed for all housing areas except

PT3. Mayors are needed for PT2, PT4, PT 6 and Howie Village. Being part of the council allows residents to be a voice for the community and to make suggestions to improve the quality of life for Fort Jackson residents. For more information, call Vickie Grier at 751-7567.

☐ Balfour Beatty Communities is now leasing to single Soldiers E6 and above.

There is a limited number of apartments available on Thomas Court for single Soldiers.

Call 738-8275 for details.

## 2-60th family fun



Photo by Sgt. 1st Class Eric Richmond

Issael Gil, 5, does a set of push-ups while his mother, Staff Sgt. Katherine Santana, looks on. Issael was among the many children who participated in physical training and other activities during the 2nd Battalion, 60th Infantry Regiment family day last week.



















## Johnson: 'Always try to improve'

Rank, name

Staff Sgt. Jeffrey Johnson

I Init

U.S. Army Drill Sergeant School

Military Occupational Specialty / Job title

Drill Sergeant Leader, Instructor, Combat Assault Rifle Training/14J, Air Defense Artillery

Years in service

11

**Family** 

Married, one child

**Highest education** 

Some college

**Hobbies** 

Fishing, volunteer work

Staff Sgt. Jeffrey Johnson said he has met some memorable people in his 11 years in the Army, but none of them as memorable as his first squad leader.

"His name was Mitchell T. Hasty," Johnson said. "And he was a beast of an NCO."

Johnson arrived at his first duty station, Fort Riley, Kan., as a young Soldier who knew almost nothing about the Army.

But he said the noncommissioned officers there, particularly Sgt. Hasty, made a huge impression on him, one that has lasted throughout his military career.

"He was the consummate professional," Johnson said. "He was hard but fair. Everything I know about being an



Photo by STEVE REEVES

Staff Sgt. Jeffrey Johnson instructs a student from the U.S. Army Drill Sergeant School during Basic Rifle Marksmanship training.

### **NCO** spotlight

NCO today, I owe to him."

Johnson went on to become a seasoned NCO himself after his first stop at Fort Riley, serving at Camp Hovey in Korea, Fort Bliss, Texas and Baghdad in 2003 just after the initial invasion.

But he said he will always remember his first squad leader more than anything.

"That just shows that you never know the impact you might have on someone's life as an NCO," Johnson said.

Johnson said he plans on having a long career in the Army and his ultimate goal is to earn the rank of command sergeant major.

"At that level, you still have some involvement with the Soldiers," he said. "I don't want to ever leave the Soldiers. They make this fun. They're what this is really all about."

Johnson said the best advice for junior enlisted Soldiers is to always try to improve.

"Never settle for where you're currently at," he said. "Always try to improve the standard. Always work to improve the organization."

Johnson said Soldiers will always benefit from working hard and doing their best.

"I believe in letting your deeds speak for you," he said.

### **The NCO Creed**

No one is more professional than I. I am a noncommissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as "the backbone of the Army."

I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain technically and tactically proficient.

I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

#### NCO tribute

The Year of the NCO Rock is unveiled in front of a large crowd at the Painted Rocks on Fort Irwin, Calif., Aug. 7. The idea for the rock came from Command Sgt. Maj. Bobby Moore, the former Fort Irwin and National Training Center command sergeant major.

Photo by SGT. GIANCARLO CASEM, 11th ACR Public Affairs



### NCO of the Quarter



Photo by NICHOLE RILEY, Moncrief Army Community Hospital

Sgt. Brody Martin is the MEDDAC NCO of the Quarter.

## BCT strengthens twins' fireproof bond

#### By STEVE REEVES

Fort Jackson Leader

Growing up in a small town north of Chicago, brothers Brian and Corey Vaughn did nearly everything together.

"We've always had all the same jobs, the same hobbies, the same friends," Corey said

"We're best friends," added Brian. "We've always been together."

And Aug. 28, the twins, from Prairie View, Ill., will graduate together from Basic Combat Training here at Fort Jackson.

"It's just one more thing that we'll have in common," Corey said.

Like most twins, the two learned at an early age to deal with the stares of strangers and to brush off the teasing from friends.

Even at BCT, the two said they are often subjected to good-natured jokes about the difficulty of telling them apart by their drill sergeants and fellow recruits.

"Surprisingly, though, a lot of the recruits here have figured out how to tell us apart a lot quicker than the people back home because we're together 24 hours a day." Corev said.

The brothers began the path that brought them to Fort Jackson's Company D, 1st Battalion, 61st Infantry Regiment at an early age.

Their father was a firefighter, a career the two said was practically preordained for them.

"We both knew all of our lives we would be firefighters," Brian said. "It's kind of a family thing."

And they did grow up to be firefighters together. They joined at the same time, training to be Emergency Medical Technicians. Each brother even got one half of a Maltese cross, a firefighter symbol, tattooed on his arm.

Brian also wanted to be in the military and decided to speak with an Illinois National Guard recruiter.

"My whole life I'd always wanted a career where I can help people," he said. "And that's kind of what the National Guard is all about.

When Bryan went with a friend to talk to a recruiter, Corey tagged along, though at the time he had no intention of joining.

"The only reason I went to see the recruiter was because I had nothing to do that day," Corey said. "I ended up listening to what the recruiter was saying and it sounded pretty good."

The next step was convincing their parents, which wasn't all that hard.

"At first they had a lot of questions, but overall they were very supportive," Brian



Photos by STEVE REEVES

Twin brothers Pfc. Corey Vaughn, left, and Pfc. Brian Vaughn both are in Basic Combat Training at Company D, 1st Battalion, 61st Infantry Regiment. The two are in separate platoons, but said they have encouraged each other throughout BCT.

Once at Fort Jackson, it did not take the brothers long to get noticed, and not just for their similar appearance.

"They're both just very high performers," said Capt. James Watson, the twins' company commander. "They are very much go-getters."

Watson said he began tracking the brothers' progress after he first noticed them at the zero range the beginning of Basic Rifle Marksmanship.

"I saw a Soldier shooting really well," Watson said. "I looked at his name and saw it was Vaughn."

A little bit later, Watson saw what appeared to be the same Soldier, but this time he was struggling to zero his weapon.

"My first question to him was, 'Are you playing with me? You were doing so well just a few minutes ago."

Watson said the Vaughn brothers, who were placed in separate platoons, push each other, and that makes their fellow Soldiers work harder, as well.

"They're really not competing against each other," Watson said. "They're both just very ambitious and high achievers. In the end, it's a win for the Army." Brian is a little better than his brother at marksmanship, while Corey is tops at the Army Physical Fitness Test. The two have squared off twice against each other in combatives while in BCT, with Brian winning the first match and Corey taking the second one.

"Everybody holds us to that standard," Brian said. "People are always saying, 'Oh, you let your brother beat you.' Sometimes it gets annoying, but you get used to it."

Though Corey and Brian look alike physically, their personalities are different.

"I'm the crazy one," Corey said. "I like to joke around a lot."

Brian described himself as the more serious of the two.

"When it comes to work, I'm more of a leader," he said.

Actually, both Soldiers have proven themselves as leaders in BCT.

Brian is up for Soldier of the Cycle, while Corey is a squad leader.

Both said it was great having a brother to lean on when BCT got tough. But they also said the experience has taught them the value of independence.

Steven.Parrish2@us.army.mil



The Vaughn brothers show off their Maltese cross tattoos. The brothers are firefighters in their hometown of Prairie View, III. The Maltese cross is a firefighter symbol.

## Campaign plan effects daily operations

Continued from Page 1

this area, as we think it critical to provide for the health and welfare of our Soldiers," Sanderson said.

Some of the key initiatives in that area are Soldier and drill sergeant resiliency programs, the suicide prevention board and Battlemind training.

Sanderson also expressed pride in the progress made along the support and sustainability line of operation.

"A great deal of collaboration and teamwork has developed in this area between various agencies on post, and we are beginning to see many tangible benefits," he said.

Sanderson said the campaign plan has provided the installation's leaders a valuable self-assessment tool.

"The campaign plan has been instrumental in allowing us to 'see ourselves' and make some significant long-term business decisions," he said. "Overall, we are making great progress, and I am very proud of the teamwork and cooperation we have among all our leaders and agencies across the installation.

Both May and Sanderson pointed out that the next step will be to establish the metrics to measure the effect of the plan's initiatives.

"We still have a way to go. It's always a work in progress," May said. "We have to get to the point where we are measuring the objectives."

Susanne.Kappler1@us.army.mil



## Fort Jackson Strategy Map

VISION: Team Jackson, a proud legacy of training and inspiring American Soldiers for over 90 years, committed to transforming individuals and institutions, while at the same time providing the highest quality of life and care for our Soldiers, Families, and Civilians.



#### Tradition, Training, Transformation

MISSION: The Army Training Center and Fort Jackson executes Basic Combat Training and Advanced Individual Training; enhances <u>Drill Sergeant and Cadre Leader Training</u>; and synchronizes <u>Service Support Operating Systems</u> in order to effectively and the Generating Force.

transform civilians, train Soldiers, and develop leaders who live the Warrior Ethos, are physically tough, mentally adaptive, and able to contribute to the success of their first unit of assignment supporting ARFORGEN requirements for both the Operational Army CAMPAIGN OBJECTIVES 1.0 2.0 8.0 9.0 10.0 Mit. Effects of Persist Life Cycle Provide Enhance QOL for Soldiers Modernize Leaders **MAJOR OBJECTIVES** iprove Soldier Housing Family Covenant to Fort Jackson ogistics TDA Strategy 5.2 Improve Soldier Life Cycle Range 2.2 Ensure 8.2 Execute Program Standards. **Clear Training** Logistics 5.3 Impl / Exp Community Covenant (Soldier Focus) 4.2 Refine & Prevention Leader Dev Resources Established & Tng Program 7.3 WTU Modern Plan 6.3 Imp QOL Marketing & Communication Support Des Mgt & Support .3 Leverage **CLS & EPM** 5.4 Enhance MWR 7.4 Pre & Post-4.3 Leverage Activities (Soldier Focus) **Business** Integration Plans & Simulation Positive TNG Climate 6.4 Enhance Solutions for TNG MWR Activities (Family Focus) 5.5 Provide and Coord Quality Support Program 2.4 Incorp LL 7.5 Provide Healthcare (Soldier Focus) 8.5 Synch / Integrate RPMP COE ISO Full Spectrum Ops 5.6 Enhance Specia (Family Focus) (Soldier Focus) Measuring and 5.7 Enhance Religious LINES OF OPERATION SUPPORT & SUSTAINABILITY TRAINING < QUALITY OF LIFE Knowledge Secure Resources **Business** 

Enhance Stratcom

Management

**ENABLING INITIATIVES** 

to meet Requirements

Transformation |

## Dancers bring 'magic' to children

By SGT. 1ST CLASS MARK BELL 81st Regional Support Command

ORLANDO, Fla. — Nails, hair and boys.

It seemed like typical girl talk for nearly a dozen teenagers attending a weekend workshop with their parents during an Army Reserve Yellow Ribbon Reintegration Program held earlier this month.

But like most events sponsored by the 81st Regional Support Command, nothing ever seems typical, and this weekend was no exception.

More than 75 sons and daughters of Soldiers who recently returned from combat tours in Iraq and Afghanistan were signed up for the child care program designed to entertain the Army Reserve youth as their parents were busy learning how to reintegrate back into their families and communities after a deployment overseas.

For one young girl, the workshop agenda was a surprise to her and her friends.

"I thought I was just coming here for a meeting," said 11-year-old Samantha Smith, from Lake City, Fla. "I never knew this was going to be so much fun for an Army meeting."

As Samantha and her friend Brittany Hobby, 11, performed sporadic cheerleading routines in the hallways and spoke coded conversations only young girls could grasp, it seemed that a daytime slumber party was under way.

Instead, it was the appearance of three Orlando Magic Dancers, one of whom was newly crowned Miss Florida USA, that made teenage boys blush and girls shake

**f** I really liked them a lot.

and sweet. It makes me want

to be a cheerleader even

They were very spiritual

- Brittany Hobby

11 years old

with excitement during their unannounced visit.

"I was surprised they spent their time to come see us here," said Brittany, who aspires to someday be a University of Florida cheerleader. "I really liked them a lot. They were very spiritual and sweet.

It makes me want to be a cheerleader even more."

Within minutes, word spread throughout the hallway and other rooms that the dancers were there to see the younger participants of the post-deployment workshop.



Photo by MIKE CLEMENTI

Miss Florida USA and Orlando Magic Dancer Megan Clementi spends time with Reserve family members during a recent visit to the 81st Regional Support Command's Yellow Ribbon Reintegration Program.

Leaning up against a sliding door, several girls focused through the glass using their hands to get a glimpse of NBA professional dancers. As the door opened, the boys were quickly pushed aside and the mob-like atmosphere brought huge smiles to the energetic dancers.

"Wow, are you really a cheerleader?" asked one 6-year-

old girl.
"Close, but we are the Orlando Magic Dancers, not cheerleaders," said Erin Gomersall,

smiling as she gave

the girl a hug.

"I can't believe this," another girl said over and over. "I have to go tell my mom and dad.

Can I go get my mom? She won't ever believe me."

Gomersall, a four-year veteran of the Magic Dancers, said taking time on a Saturday morning to visit with Soldiers and families is an honor as a member of the community and the dance squad.

"I think it's important to connect with the military because they do so much for us whether we are at war or not," she said. "We just want to continue our support for the military family. They deserve it, and sometimes I don't even think they even realize how important they are in our communities."

Answering a barrage of questions ranging from caring for their nails to being a professional dancer, the girls and the dancers fell into a noticeable routine like they were reunited friends.

As the girls asked permission to touch current Miss Florida USA and Magic Dancers captain Megan Clementi's pageant sash, the noticeable wide-eyed reaction meant a little more to Clementi than the average appearance. She said she hopes the boys and girls had fun and were able to take away a little more than just a visit from professional basketball dancers.

"I don't think they get to see NBA dancers or Miss Florida USA," she said. "I hope they remember us as being positive role models and just really nice girls. One day, they can be a Magic dancer or be Miss

Florida USA."

A young girl ran her fingers through Kelly Rose Resciniti's hair as she turned to her friend and giggled like she just had a

brush with a movie star.

Resciniti, a veteran of Armed Forces Entertainment overseas tours, said she never forgets about the Soldiers and families who sacrifice so much during deployments while on and off the NBA court.

"Although we are over here entertaining and in the spotlight, we know what's going on over there too, and we are very thankful and appreciative of what the troops and their families go through during this difficult time," she said.

As Soldiers and families are separated for long periods of time during scheduled deployments, Resciniti said it's just as important to take care of family members left behind.

"The girls here today are doing the same things we did while growing up," she said. "They are trying to be regular girls doing things like dancing and getting involved in sports, and they did it without their dad or mother here. I can't imagine how tough it could be during that time."

## **Customer Service Assessment begins**

Fort Jackson's constituents will have an opportunity next week give the garrison commander their opinions on the post's various services.

This fiscal year's Customer Service Assessment window opens Monday and will remain open until Sept. 18.

The CSA is part of the Customer Management Services three-tier process.

What is the CSA?

The Customer Service Assessment is a web-based, diagnostic tool that allows Fort Jackson constituents (Soldiers, civilians, retirees, families and veterans) to tell the garrison commander their perceptions of how well services are performing.

It also asks mission commanders and organizational leaders to rate those services based on importance and priority to their organizational mission accomplishment. This is the only tool of its kind that asks installation leaders and individuals to provide direct feedback so garrison, regions and IMCOM headquarters can analyze customer perceptions to ensure the voice of the customer is heard.

Who administers the CSA and how often?

The CSA is centrally administered by IMCOM on an annual basis through the Installation Customer Management Services Program.

Who can participate in this assessment?

The CSA is designed to obtain the perceptions of installation leaders (e.g., brigade and battalion-level commanders, command sergeants major, first sergeants and

## CUSTOMER SERVICE CORNER

supported leaders such as garrison directorates and special staff agencies) and all other individuals/constituents (Soldiers, civilians, retirees, families, veterans and contractors) who are eligible to receive garrison provided services.

What are the services being rated and why?

Primary services being rated are those that have a customer service component (e.g., MWR facilities, housing, Military Personnel Services and transportation) plus those services that affect the work/life balance of community members. The results of the assessment provide the garrison commander with the tools to determine how well services are being provided from the perspective of the leaders and constituents.

When can I expect the results?

Unlike many surveys and questionnaires where the results are never reported back, the results of this year's CSA will be delivered to garrison commanders in November 2009. After mission commanders and organizational leaders are briefed, results will then be disseminated to the general public.

How long will it take to complete the survey?

The entire process has been streamlined from years past. The survey should take approximately 15-20 minutes depending on the time taken to write any specific comments that may be important to you while completing the survey.

What if I am called away while taking the survey?

Not a problem. The survey is designed so that if you do need to leave before completing it, all that is needed is to first save the survey and then click on the saved link to return when ready. Plus, this survey can be completed from the work place or from the comfort of home.

Will taking this survey really make a difference?

Absolutely! Many of the changes and improvements to services throughout Fort Jackson over the years were a direct result of the garrison leadership listening to the voice of the customer. But for the customer's voice to be heard, you need to take the time and participate in the process of making things better by taking the Customer Service Assessment.

When the window opens on Monday, please access the link directly by visiting www.MyArmyVoice.Org.

Let your voice be heard!

#### **ICE APPRECIATION**

The garrison congratulates the Public Affairs Office, specifically Community Relations, and the Installation Housing Services Division. For a 12-week period, they achieved a 4.93 and a 4.92 rating, respectively, out of a possible 5.0 in employee/staff attitude. This is an outstanding performance in customer service.

## Saluting the cycle's Basic Combat Training honorees

DRILL SERGEANTS OF THE CYCLE -



Staff Sgt. Matthew Nicholson

Company A

1st Battalion,

13th Infantry Regiment

## SOLDIER LEADER OF THE CYCLE

Pfc. Maria Warrenfeltz

## **SOLDIER OF THE CYCLE**Pvt William Alberson

HIGH BRM

Pvt William Alberson

**HIGH APFT SCORE** 

Pfc. Chelsea Dick



Staff Sgt. Juan Hernandez

Company B 1st Battalion,

13th Infantry Regimen

## SOLDIER LEADER OF THE CYCLE

Pvt. Brent Johnson

#### SOLDIER OF THE CYCLE

Pfc. Christopher Terrill

#### **HIGH BRM**

Pfc. Christopher Terrill

#### HIGH APFT SCORE

Pvt. Daniel Boland



#### Staff Sgt. Tonya Hill

Company C 1st Battalion,

13th Infantry Regimen

## SOLDIER LEADER OF THE CYCLE

Pvt. Bobby Norman

#### SOLDIER OF THE CYCLE

Pvt. Alexandra Kyzer

#### **HIGH BRM**

Pvt. Kelly Bourland Pvt. Vernon Rogers Pvt. Justin Kessler

#### **HIGH APFT SCORE**

Pfc. Heather Canerday



#### Staff Sgt. Matthew Clark

Company D 1st Battalion,

13th Infantry Regimen

## SOLDIER LEADER OF THE CYCLE

Pvt. Alicia Scopis

#### **SOLDIER OF THE CYCLE**

Pvt. Andrew Borkowski

#### HIGH BRM

Pvt. Jordan Soulas

#### **HIGH APFT SCORE**

Pvt. Shinette King



#### Staff Sgt. Andre Perkins

Company E

1st Battalion, 13th Infantry Regimen

## SOLDIER LEADER OF THE CYCLE

Pfc. Shadya Maldonado

#### SOLDIER OF THE CYCLE

Pvt. Santana Held

#### HIGH BRM

Pvt. Katherine McCracken

#### HIGH APFT SCORE

Pfc. Sean Wallace



#### Staff Sgt. Ivan Rosa

Company F

1st Battalion, 13th Infantry Regimen

## SOLDIER LEADER OF THE CYCLE

Pfc. Michael Moody

## **SOLDIER OF THE CYCLE** Pfc. Kristina Nichols

### HIGH BRM

Pvt. Tommy Corral

#### **HIGH APFT SCORE**

Pvt. Brandon Witherow



## At your service

## phone numbers and opening hours for key post facilities

All South Federal Credit Union	782-9830	Monday-Thursday, 9 a.m. to 5 p.m.; Friday, 9 a.m. to 6 p.m.
American Red Cross	751-4329/5923	Monday-Friday; 8 a.m. to 4:30 p.m.
Andy's Fitness Center	751-4177	Monday-Friday, 5 a.m. to 9 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.; call for opening hours on training and federal holidays
Army Career Alumni Program	751-4109/4104	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Army Community Service	751-5256	Monday-Friday, 8 a.m. to 4:30 p.m.
Army Continuing Education Services	751-5341	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Army Substance Abuse Program	751-5007	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Bowling, Century Lanes	751-6138	closed Monday; Tuesday-Thursday, 11:30 a.m. to 10 p.m., ; Friday, 11:30 a.m. to 11 p.m.; Saturday, 1 p.m. to midnight; Sunday, 2-10 p.m.
Bowling, Ivy Lanes	751-4759	
Car Care Center	782-1639	Monday-Friday, 8 a.m. to 5 p.m.
Chaplain Museum	751-8827/8079	Monday-Friday, 9 a.m. to 4 p.m.
Child and Youth Services	751-4865	Monday, Wednesday and Friday, 7:30 a.m. to 4:30 p.m.; Tuesday, Thursday7:30 a.m. to 6 p.m.
Civilian Personnel Advisory Center	751-3219	Monday-Friday, 8 a.m. to 4 p.m.
Class VI	782-1601	Monday-Friday, 9 a.m. to 7 p.m.; Saturday, 9 a.m. to 8 p.m.; Sunday; 10 a.m. to 7 p.m.
Clinical Army Substance Abuse Program	751-6597	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Coleman Gym	751-5896	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends, training holidays and holidays except Christmas and New Year's Day, 6 a.m. to 2 p.m.
Commissary	751-5789	Sunday, 11 a.m. to 6 p.m.; Tuesday and Saturday, 9 a.m. to 8 p.m.; Wednesday-Friday, 10 a.m. to 8 p.m.
DA Photos (TSC)	751-7593	Monday-Thursday, 8-11 a.m. and 1-3 p.m.
Defense Military Pay Office	751-6669 (Soldiers) 751-4914 (Civilian)	Monday-Friday, 8-11:30 a.m. and 12:30-4 p.m.
Dental Clinics	751-5178/6017	Monday-Friday, 7:15 a.m. to 4:15 p.m.
Family Health Center	751-2273	Monday-Friday, 7:20 a.m. to 8 p.m.; training holidays, 8 a.m. to 4 p.m.
Florist	738-1812	Monday-Friday, 9 a.m. to 5:30 p.m.
Fort Jackson National Cemetery	699-2246	Monday-Friday, 8 a.m. to 4:30 p.m.
Furniture Store	787-9175	Monday-Friday, 9 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m.
Hospital Retail Annex	782-1263	Monday-Friday, 7 a.m. to 4 p.m.
ID Section	751-7731	Monday- Friday, 8 a.m. to 4 p.m.
Legal Assistance and Claims	751-4287/3603	Monday-Friday, 9 a.m. to 4 p.m.
LCI-SSSC	790-5306	Monday-Friday, 8 a.m. to 4 p.m.
Main Outpatient Pharmacy	751-2259	Monday-Friday, 7:30 a.m. to 5 p.m.
MG Robert B. Solomon Center	751-4056	Monday through Friday, 8 a.m. to 8 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.
Military Clothing Sales Store	787-5248	Monday-Friday, 9 a.m. to 7 p.m.; Saturday-Sunday, 10 a.m. to 4 p.m.
NCO Club	782-2218	Monday-Friday, 7 a.m. to 3:30 p.m.; Saturday, 8 p.m. to 2 a.m. The NCO Club is open later for entertainment and special events; call for details and times
Officers' Club	751-4906	Monday-Friday, 8:30 a.m. to 4:30 p.m. (open to nonmembers); Sunday brunch, 11 a.m. to 2 p.m. (members)
Palmetto Falls Water Park	751-3381	closed Monday; Tuesday-Saturday, 11 a.m. to 7 p.m.; Sunday, 1-7 p.m.
Perez Fitness Center	751-6258	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends and training holidays, 10 a.m. to 6 p.m.
Pharmacy Annex (PX mall)	751-2250	Monday-Friday, 9 a.m. to 6 p.m.
Pools, Knight	751-4796	Monday-Friday, 6 a.m. to 2 p.m.; closed Saturday and Sunday
Pools, Legion	751-4796	Monday-Friday, noon to 7 p.m.; closed Saturday and Sunday
Post Exchange	787-1950/1951/1952	Monday-Saturday, 9 a.m. to 9 p.m.; Sunday, 10 a.m. to 7 p.m.
Post Office	782-8709	Monday-Friday, 8:30 a.m. to 5 p.m.
Recycling Center	751-4208	Monday-Friday, 7 a.m. to 3 p.m.; Open 24 hours for drop-off
Reuse Center	751-5121	Monday-Friday, 9 a.m. to 6 p.m.
Safety Office	751-6004	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Shoppette Lee Road	782-0590	Monday-Friday, 7 a.m. to 8 p.m.
Shoppette Gate 1	782-2076	Monday-Friday, 7 a.m. to 9 p.m.; Saturday and Sunday, 8 a.m. to 9 p.m.
Shoppette Gate 2	790-4478	24 hours a day  Manday Friday 8 a.m. to 2:20 n.m.
SSI Retail Annex	738-9189	Monday-Friday, 8 a.m. to 2:30 p.m.  Tyogday, 0 a.m. to 2:30 p.m. Thyoday, 0 a.m. to 5:30 p.m.; first Saturday of the month, 0 a.m. to 2:30 p.m.
Thrift Shop	787-2153	Tuesday, 9 a.m. to 2:30 p.m.; Thursday, 9 a.m. to 5:30 p.m.; first Saturday of the month, 9 a.m. to 2:30 p.m.,
Vanguard Gym	751-4384	Monday Eriday 8 a.m. to 4 n.m.
Vehicle Registration	751-5887 751-7160	Monday-Friday, 8 a.m. to 4 p.m.
Veterinary Clinic	751-7160 751-5812	Monday-Friday, 8 a.m. to 4 p.m.
Victory Travel	751-5812	Monday-Friday, 8 a.m. to 5 p.m.
	A neithing was	missed? F mail us at fileader@conus army mil

Anything we missed? E-mail us at *fjleader@conus.army.mil*. This information is published monthly in *The Fort Jackson Leader*.

#### Calendar

#### Tuesday, Aug. 25 Town Hall

5:30 p.m., Solomon Center Topic: Back to School Soldiers, families and DA civilians are invited to attend.

#### Fort Jackson Spouses' Club

11 a.m. to 1 p.m., Joe E. Mann Center Start-of-the year event. All are invited.

#### Friday, Aug. 28 SSI NCO Dining In

NCO Club

Social hour: 5:30 p.m., Receiving line: 6 p.m.

Theme: NCOs: Making a lifelong com-

munity investment.

Call 751-8618 or e-mail *Nichole.Tavares-Gibbs@us.army.mil.* 

#### Monday, Aug. 31 Girl Scout Registration

6:30-8 p.m., 5957B Parker Lane For girls kindergarten through 12th grade. Call 736-5875 for information.

#### Sunday, Sept. 13 Sunday Worship Concert Series

9-11:00 a.m., Solomon Center Performance by Bethany Dillon.

#### **Announcements**

#### **FLU AWARENESS**

A flu awareness/prevention booth will be set up Tuesday at the Main PX and Wednesday at the Commissary. Prevention information and hand sanitizer will be distributed.

#### MACH SOFTBALL TOURNAMENT

The annual Medical Softball Invitational Tournament is scheduled today through Sunday at the Hilton Field softball complex. More than 20 teams from across the Medical Command will participate. Games will be played from 11 a.m. to 6 p.m. each day. This free event is open to the public.

#### **THRIFT SHOP NEWS**

The Thrift Shop has an open position for a data clerk. For information, or to apply, visit the Thrift Shop, 9:30 a.m. to 2:30 p.m., Tuesday, Wednesday or Thursday, through Aug. 27.

The Thrift Shop is accepting fall and winter items. Halloween items will be accepted September and October; Thanksgiving items will be accepted October and November; and Christmas items will be accepted October, November and December.

#### **COATS FOR KIDS**

The Moncrief Army Community Hospital Sergeants Association is conducting a coat drive through Sept. 11. Donations will be accepted in the hospital main entrance.

#### **FCC PROVIDERS NEEDED**

A Family Child Care training is scheduled from 8 a.m. to 4 p.m., Sept. 14-18, at the Joe E. Mann Center. Those living in government quarters and Department of Social Services registered off-post providers may apply to become certified to provide child care. Applicants willing to care for children younger than 2 are needed. An amnesty program is available to those providing child care who are not certified. RSVP by Sept. 9. Call 751-6234/1293 for information.

#### **1ST BCTG ARMY RESERVE**

The 1st Battle Command Training Group Army Reserve is seeking Soldiers for a detachment in the Fort Jackson area. Immediate openings are available for Soldiers in the ranks of sergeant through lieutenant colonel. For more information, call (205) 987-8443 ext. 4414, (205) 444-5208, (205) 444-5163 or e-mail Larry.KingSr@usar.army.mil, John.R.Walker@usar.army.mil or Karlos.Parker@usar.army.mil.

#### **SEEKING DONATIONS**

Donate used printer cartridges, toner cartridges, cell phones, PDAs or iPods through Aug. 14. Ink cartridges may be "twice used" but toner cartridges may not be. Collection boxes are located at Moncrief Army Community Hospital in the front lobby, outside Room 214 and in the third-floor mailroom.

#### **PAY OFFICE RELOCATION**

The Defense Military Pay Office, Separations Branch, has relocated to Room 240 of the Strom Thurmond Building. The office hours are 7:30 a.m. to 4 p.m. For more information, call 751-5243.

#### T-SHIRT DESIGN CONTEST

The Family Advocacy Program has opened its T-shirt logo design contest to Soldiers, family members and DA civilians. The design should focus on the theme: "Let's talk about it, not fight about it." The winner will have his or her entry made into a shirt, and receive an iPod Touch. The shirts will be distributed during October, which is Domestic Violence Awareness Month. Contest entries can be submitted until Aug. 31 at the FAP office in Room 218 of the Strom Thurmond Building.

#### **'COME SEE YOUR ARMY' TOURS**

"Come see your Army" tours are conducted monthly. The tours provide the community with an opportunity to attend a Basic Combat Training graduation; observe Soldiers in training; get hands-on experience with a state-of-the-art weapons simulator system; eat lunch at a military dining facility; and shop for sou-

#### ADVERTISE IN THE LEADER

To place a classified ad, contact Camden Media Co. at 432-6157 or 1-800-698-3514.

venirs. Call 751-1474/5327 to participate.

#### **LEGAL EDUCATION PROGRAM**

Applications for the Army's Funded Legal Education Program are being accepted until Nov. 1. The program provides funding for officers, second lieutenant through captain, to attend law school. Selected officers will attend law school beginning fall 2010.

Applicants must have at least two, but not more than six, years of total active federal service at the time legal training begins. Eligible officers interested in applying should immediately register for the earliest offering of the Law School Admission Test. For more information, contact Lt. Col. Everett Yates at 751-7657.

#### **NIA REACTIVATION**

The Fort Jackson Chapter of the National Infantry Association has scheduled a meeting for 5 p.m., Aug. 27 at the Post Conference Room. The meeting will determine whether the chapter, which is currently inactive, has the required 20 NIA members to vote on a constitution, bylaws and select an executive committee.

Anyone interested in joining the NIA, regardless of military occupational specialty, is invited to attend. Only members are eligible to vote. To become a member of the NIA, visit www.infantryassn.com. Call (253) 381-4094 for more information.

### **Housing events**

#### Today

#### Neighborhood huddle

10 a.m.

Stay updated on construction and get your housing concerns heard.

## Friday, Aug. 21 Friday night live

6-8 p.m., 5939 Thomas Court Participate in this program designed just for teens. Call 738-8275 for information or to RSVP.

## Every Tuesday Walking club

9 a.m.

Enjoy a walk through the scenic Fort Jackson housing area. Strollers OK.

#### Every Thursday Kids' day

10 a.m.

A variety of crafts and activities for children younger than school age.

All events are held in the Balfour Beatty Communities management office unless otherwise specified. For more information, call Courtney Williams at 738-8275.

### **Sports shorts**

#### YOUTH FOOTBALL CLINIC

A football punt, pass and kick clinic for children 6-13 is scheduled for Wednesday, 6 p.m., at the Youth Sports Complex.

#### **SWIM MEET**

Those interested in participating in the swim meet must submit their names and their events by today. The event is scheduled for Aug. 25. For more information, call the sports office at 751-3096.

#### **FLAG FOOTBALL**

Letters of intent for flag football are due Sept. 16. Flag football is open to active duty Soldiers only.

#### **FALL TENNIS**

The fall tennis season is scheduled Oct. 5-23. Those interested in participating must submit their names and their events by Sept. 29.

#### **COMBATIVES TEAM**

The Fort Jackson Combatives team practices Monday through Friday at Vanguard Gym. Practices are: 6-7 a.m.; 11 a.m. to 1 p.m.; and 4-4:45 p.m. The team will compete in an Army-wide tournament Sept. 17-20. Call 751-6181 or 586-4802 to confirm and coordinate practice times or for more information.

#### **COACHES NEEDED**

Volunteer coaches are needed for Youth Sports flag football, cheerleading, soccer and volleyball. Coaches must be certified by the National Alliance of Youth Sports Coaches Association. Certification training is provided free. For more information, call 751-5040.

### **Off-post events**

#### **BREAST CANCER AWARENESS**

A breast cancer walk/information day is scheduled for 6-10 a.m., Aug. 22 at the Lake Carolina Town Center. Call 1-877-439-4699 to RSVP.

#### **TEEN IDOL AUDITIONS**

Auditions for the Richland County Public Library's Teen Idol competition are scheduled for 2:30 p.m., Sept. 12 and Sept. 20. Registration forms are available at all RCPL locations, and online at www.myRCPL.com/teen.

#### **LEADER INFORMATION**

☐ Article submissions are due two weeks before the scheduled publication. For example, an article for the Sept. 3 *Leader* must be submitted by today.

☐ Announcements are due one week before the scheduled publication. For example, an announcement for the Sept. 3 *Leader* must be submitted by Aug. 27. Send all submissions to *FJLeader@conus.army.mil*.

☐ Follow us on Twitter at www.Twitter.com/ FortJacksonPAO or become a Leader "fan" at www.Facebook. com and search "Fort Jackson."

 $\square$  Call 751-7045 for information.

# Programs give children the EDGE! in arts, fitness

As part of Child, Youth and School Services' commitment to keeping the promise of the Army Family Covenant, its newest program, EDGE! (Experience, Develop, Grow, and Excel) continues to find innovative ways to keep Fort Jackson's youth engaged. September packages include Altered Art and Get Your Game On: Youth in Motion

EDGE! programs began in July with Harry Potter's Magical Adventures.

One parent wrote on an Interactive Customer Evaluation comment card: "I am writing about the EDGE program. I was very pleasantly surprised at how great the program has been. I can tell from this program that Fort Jackson really cares about its youth and their well being. There have been new adaptations to other outlets such as the library with its engaging summer program, but the EDGE program with Harry Potter, Extreme Sports and the Art Sampler was more hands on and left me and my child with a sincere ... smile."

One current Edge! program is Wardrobe Reinvention, which is scheduled for 4 p.m., every Tuesday and Thursday. Projects completed so far include turning a man's dress shirt into a cute, girl's summer top, making a school bag from old battle dress uniform pants or a band logo tee and today, participants continue to "shop their closets" for old clothes they can make new again.

The theme for Tuesday is "No more plain tees." Aug. 27 participants will show off their creations with a photo shoot.

Altered Art gives new artistic life to old or used items. The program allows participants to take ordinary items and decorate them to either make them more attractive or change the item's function.

Altered Art crafts can be used as gifts or unique home decor. Classes start Sept. 1 and are 3:30-5 p.m., Monday, Wednesday and Friday, at 5955-D Parker Lane. Altered Art is open to children, 9-15, and is free for fifth through

## **Army Family Covenant**

By THERESA O'HAGAN

Family and Morale, Welfare and Recreation

10th graders. There is a \$5 per hour charge for third and fourth graders.

Altered Art projects are as follows: Sept. 1 and 3, CD clock; Sept. 8 and 10, baby board book converted to a photo album; Sept. 14, paint can to gift basket; Sept. 15 and 18, CD mini book; Sept. 21 and 22, altered clipboard photo holder; Sept. 24, bottle cap necklace; and Sept. 28 and 29, altered calendar journal.

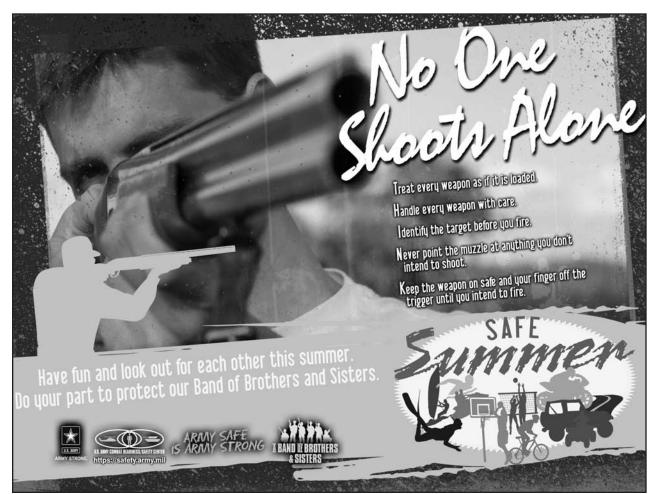
Get your game on with Youth in Motion. Family and Morale, Welfare and Recreation fitness expert, Pam Greene, will take youth on a TV-free fun and fitness adventure Wednesdays and Fridays, 3:15-4:15 p.m. in the Solomon Center. This program begins Sept. 2, and is open to children, 10-14. The program is free for fifth graders and older. The cost is \$5 per class for fourth graders.

October's EDGE program is Let 'Er Roll Bowling at Fort Jackson's Century Lanes Bowling Center. Let 'Er Roll is still in the planning stages, so stay tuned.

November's EDGE! Twilight Book Club gets Stephenie Meyers' fans ready for the movie, "New Moon," coming out on Nov.20. Participants will read and discuss the book and also make projects to go along with their reading.

The Twilight EDGE! package begins Nov. 2 and includes a field trip to see the movie, "New Moon." Twilight projects and events include: creating Twilight bookmarks, designing Twilight jewelry, framing a Twilight poster, decorating Twilight t-shirts, playing a Twilight trivia game, Twilight scavenger hunt, Twilight Jeopardy, and Twilight wrap-up party, which the participants get to help plan.

For more information on EDGE! programs and packages, call Beverly Metcalfe at 751-3053.



#### **FMWR** calendar

#### **THURSDAY**

- ☐ Visit Century Lanes for food, fun and bowling.
- ☐ Magruders Pub and Club is open for lunch.
- ☐ Visit the Officers' Club 11 a.m. to 1:30 p.m. for specials or the buffet.
- ☐ Shop your closet with EDGE!, 4-7 p.m. at the Programs on Parker. For more information, call 751-3053.

#### **FRIDAY**

- ☐ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ☐ Dance to a variety of music provided by DJ Randall at Magruders Club, 9 p.m. to 3 a.m. Magruders Club is located in the back of Magruders Pub. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Family Golf Night, 5-7 p.m., Fort Jackson Golf Club.
  - ☐ Fort Jackson talent show, 7 p.m., NCO Club.

#### SATURDAY

- ☐ Step Team practice, 2 p.m., dance room at the Youth Services Center.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military. Live broadcast from the BIG DM 103.1 with giveaways, 9:30-11 p.m.

#### **SUNDAY**

- ☐ Family day at the Youth Services Center, 2-6 p.m.
- ☐ Traditional brunch, 11 a.m. to 2 p.m, Officers' Club. Coat and tie are no longer required. T-shirts, running attire and flip flops are not permitted.

#### **TUESDAY**

- ☐ The EDGE! wardrobe reinvention, 4-7 p.m. at the Programs on Parker.
- ☐ EFMP autism support group, 5 p.m., Army Community Services Annex, Room 10. Call 571-5256 to RSVP.

#### **WEDNESDAY**

☐ Karaoke night with Tom Marable at Magruders Club. Cover charge is \$5 for civilians and \$3 for military.

#### **ONGOING OFFERS**

- ☐ Child, Youth and School Services provides free child care and youth programming on Saturdays for active-duty parents who must work to meet mission requirements. The free child care is also available to parents who are in the National Guard or Reserve during battle training assembly. In addition, child and youth programming is available to other parents at an hourly or daily rate.
- ☐ Victory Travel has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$30 per ticket, and Six Flags, \$27 per ticket, for the 2009 season. Some offers require reservations. For more information, visit Victory Travel in the Solomon Center.
- ☐ The Officers' Club is ready to host your next special event. The club's professional staff will ensure every detail is addressed so your event will be to your specifications.
- ☐ The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75 for children 4-10 years old.
- ☐ Enjoy resort accommodations for between two and six people with the Armed Forces Vacation Club for less than one would pay for most hotels. For details of resort availability, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. A vacation counselor will take your enrollment and help you find an available resort. Fort Jackson is installation number 164.

## Gymnast-turned-Soldier carries comrades to safety

**By TERESA SANDERSON** 

Leader Correspondent

Honor recipient, embodies the Soldiers Creed:

Vietnam, as a member of Company A, 2nd dragged two more fallen comrades to the rear. Battalion, 27th Infantry Regiment, 25th Infantry guished himself with gallantry and intrepidity.

On an early morning mission, his unit entered the dense jungle to assist a company heavily growth, tied to tree limbs or hiding in concrete men in his unit.

The company immediately faced heavy machine-gun and mortar fire and the lead man was more remarkable. His wife, Donnell, believes that killed. Baker and a fellow Soldier moved to the front and charged two enemy bunkers, discharging the heaviest fire.

Baker's comrade was hit, and his arm was nearly torn off. To protect him, Baker killed four Viet Cong snipers, evacuated the fallen Soldier, returned to the front and killed several more Viet

As Baker and another Soldier attacked two more bunkers, he was blown from his feet by a grenade. Baker recovered quickly, and with a fellow comrade, destroyed another bunker before the other man was wounded. Grabbing his fallen comrade's machine-gun, Baker charged through heavy enemy fire to destroy a fourth bunker, killing several more Viet Cong.

He evacuated his fallen comrade to the rear, Jackson as a drill sergeant. On the last day of his replenished his ammunition, and returned to the two-year assignment, a call came for him from the fire fight. As orders came to withdraw, Baker car- White House. President Lyndon Johnson called to Retired Master Sgt. John Baker Jr., Medal of ried another fallen Soldier to the rear.

As Baker was returning to evacuate another fall-Never accept defeat, never quit, never leave a fall- en comrade, snipers fired on him. He raced beyond his fellow Soldiers, attacked and killed the four his company commander, Capt. Robert Foley, the Nov. 5, 1966, near Tay Ninh Province in South snipers. Out of ammunition and exhausted, he Medal of Honor.

As they withdrew, elements of the 101st Division, Baker, then a private first class, distin- Airborne, 82nd Airborne and 25th Infantry divi- after Baker's father, a trapeze artist with the Warner sions arrived to provide much needed support.

After it was over, Baker realized his uniform engaged with the enemy. More than 3,000 Viet Thinking about the men, he realized he had overing high school, Baker wanted to join the Marines, Cong soldiers were hidden in the dense over- come fear to do what needed to be done for the

Standing 5 feet 2 inches, and weighing 105 pounds, the daunting task he completed seems even his gymnastics training prior to joining the Army gave him the strength and stamina to survive.

In Vietnam, Baker also served as a "tunnel rat." The Viet Cong built miles of tunnels underground during the French War and used them for training, attending to the wounded and burying the dead.

Baker's job involved scouting the tunnels filled with pits full of snakes, spiders, scorpions and sharp bamboo. Tunnel rats like Baker would often make contact with the enemy.

Baker was awarded a Purple Heart for wounds he received while engaging the enemy in the tunnels. The day Baker left Vietnam he heard he was to receive the Medal of Honor, but he could hardly bridge named in his honor, and there is a monu-

After a short trip home, he was assigned to Fort the moment he received the Medal of Honor.

talk to Baker and told him he was invited to the White House to receive the Medal of Honor.

On May 1, 1968, Johnson awarded Baker and

Baker was born in Davenport, Iowa, on Oct. 30, 1945. When he was 8, his family moved to Illinois Brothers Circus, died.

Baker attended Moline High School, where he was soaked with the blood of his fellow comrades. participated in gymnastics and football. After leavbut was an inch too short. He joined the Army and did basic training at Fort Polk, La., artillery training at Fort Sill, Okla. and infantry and airborne training at Fort Benning, Ga.

> He also had assignments in Hawaii, the Pentagon, the now-defunct Fort Benjamin Harrison, Ind., and Fort Sam Houston, Texas.

> Baker met his wife in Honolulu when they were both working for the Hawaiian singer Don Ho. She was taking reservations and Baker was working as Ho's bodyguard.

> For 25 years, they have traveled the United States and Europe making sure young people know how important it is to honor today's Soldiers. They also travel to hospitals visiting wounded Soldiers, as well as the Fisher House to encourage young wives and families.

> Baker has met presidents, celebrities, has a ment in the works, but his proudest moment is still



Photos courtesy JOHN BAKER

Retired Master Sgt. John Baker Jr. is awarded the Medal of Honor by President Lyndon Johnson in 1968 as his company commander, Capt. Robert Foley, looks on.

#### **AWARDS / ORGANIZATIONS**

Baker was awarded the Medal of Honor, the highest honor presented to members of the Armed Forces. Baker is one of 95 living Medal of Honor recipients, and one of three living recipients who call South Carolina home.

His other awards include: Silver Star, Bronze with "V", Purple Heart, Good Conduct Medal, Overseas Medal, Gallantry Cross with Silver Star, Vietnam Service Medal, Vietnam Campaign Medal, CIB, Airborne Wings, and Drill Sergeant

He is a member of the Medal of Honor Society, VFW, American Legion, Vietnam Veterans, Am Vets, Marine Corps League and is an honorary deputy sheriff of Lake Charles, La. and Lexington, Ky.

#### CONGRESSIONAL MEDAL OF HONOR SOCIETY

Retired Master Sgt. John Baker Jr. is sergeant-at-arms of the Congressional Medal of Honor Society.

The society's purpose is to maintain the memory and respect of all Medal of Honor recipients. They also protect and preserve the dignity and honor of the Medal of Honor at all times.

The Medal of Honor Society states it best: "Imagine what it must be like to take a boy fresh out of high school, put him in a uniform and send him off to war to witness unspeakable violence and death in one moment, then clean him up and make him an honored guest at the White House where the president himself presents him our nation's highest honor."

Representing the nation's highest honor is easier if a young Soldier can count on the experience and mentoring of other veterans in the Medal of Honor Society.

Most Medals of Honor have been awarded to men who never came home and their only reward was a rifle salute, the haunting sound of taps and a folded flag handed to the ones they love.

Baker will humbly tell you he is only a caretaker of the medal for his comrades whom he left behind on the battlefield. He is a reminder of the courage, honor, integrity, and sacrifice it has taken to keep this country free.







Far left photo. Baker's official photo, taken when he was a sergeant.

Center, Baker and wife Donnell at this year's Veteran's Ball, one of the many inaugural balls held in Washington. Baker was among several Medal of Honor recipients honored at the ball.

Left, This 2001 photo was taken when Baker was vice president of the Congressional Medal of Honor

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# Eye protection crucial in injury prevention

#### **By CARLLA E. JONES**

U.S. Army Center for Health Promotion and Preventive Medicine

More than 40,000 people a year suffer eye injuries while playing sports, according to Prevent Blindness America. However, 90 percent of these injuries can be prevented by using protective eye wear. It is important to remember that no matter what sport is being played, or what age the participants are, it is important participants protect their eyes.

Eye injuries in sports happen as a result of direct contact with other competitors and from sports equipment such as bats, balls, pucks, rackets, darts and guns (even air guns). According to the National Society to Prevent Blindness, the leading cause of sports-related eye injuries in 5- to 14-year-olds is baseball; the leading cause of sports-related eye injuries in 15- to 24-year-olds is basketball.

In general, the sports with highest risk for sports-related eye injury for players not using protective equipment are basketball, racquetball, lacrosse, baseball and paintball. Sports that present a medium risk for sports-related eye injuries without the use of protective measures include tennis, football, golf and soccer.

The good news is that almost all eye injuries can be prevented by understanding safety practices and using the proper protective eyewear.

Remember that regular glasses do not provide enough protection when playing sports. Safety goggles with lensed polycarbonate protectors should be used for racket sports or basketball. Batting helmets with polycarbonate face shields should be used for youth baseball. Helmets and face shields used when playing hockey should be approved by the U.S. Amateur Hockey Association.

Protective eyewear use should become a habit when playing any sport. When purchasing protective eyewear, make sure the eyewear is specifically designed for that sport or other activity. Check the label on the product to verify that the product has been tested, approved and certified

If an eye injury occurs, an eye-care professional should be consulted right away. Keep the injured person still and calm to avoid worsening the injury. For chemical injuries, rinse the eye with water 15 minutes before transporting the person to medical care. Wash hands thoroughly before touching an irritated or injured eye. Never rub an eye that has a speck or other foreign material in it.

For more information about vision conservation, visit the Tri-service Vision Conservation and Readiness Program Web site at <a href="http://dodvision.com/">http://dodvision.com/</a> or Prevent Blindness America at <a href="http://www.preventblindness.org/">http://www.preventblindness.org/</a>.

To view ASTM standards, visit http://www.astm.org/Standard/index.shtml.

## **MACH updates**

#### **CATARACT SCREENING**

The Moncrief Army Community Hospital Ophtalmology Clinic will conduct quick cataract evaluations Friday for all beneficiary categories, including active-duty family members, retirees and retiree family members. A referral is not necessary to call for an appointment. To schedule an appointment, call 751-5406.

#### **ORTHOPEDIC CLINIC**

The MACH Orthopedic Clinic is currently seeing only active-duty Soldiers and certain other patients for follow-up appointments. If you need assistance obtaining orthopedic care, call the referral center at 751-2363

#### **FOLLOW MACH ON TWITTER**

MACH is announcing same-day appointments for primary care on Twitter. These are appointments that were initiated by another patient but were canceled. The open appointment will become available to the first patient to request it. Sign up at <a href="https://www.twitter.com/machcsd">www.twitter.com/machcsd</a>.

#### **OUTPROCESSING POLICY**

Soldiers must now clear the Army Substance Abuse Program, Social Work Services and Behavioral Health prior to leaving the installation.

The Soldiers' out-processing will include a review of medical records and provide an opportunity for the Soldier to receive care or information at their gaining installation. Out-processing hours are 8-11 a.m., Tuesday and 1-4 p.m. Thursday, at MACH, Room 7-90. For more information, call 751-2235.

## God offers new start, free from burdens

#### By CHAPLAIN (MAJ.) JAMES SMITH

Family Life Chaplain

The Hollywood favorite "The Shawshank Redemption" captures for us the essence of what it must be like to live a life that is limited by bars, surrounded by less than desirable elements and constrained to daily mundane hopelessness.

In "The Shawshank Redemption," Andy Dufresne is imprisoned for a crime that he did not commit. He is framed and receives two life sentences. He must come to grips with only being guilty of the innocence to which a hard working person and loving husband is subscribed.

The audience is led in many emotional directions as we are summoned to witness the atrocities that happen to him. We are outraged at the events of injustice that unfold in his

life, and we are delighted to see that not even prison or the debauchery of humanity can conquer his spirit.

Dufresne meticulously plans his escape and life after his experience at Shawshank. He is the epitome of resiliency.

The reality of this saga sets the stage for many of us as we must deal with similar detaining experiences in our own life.

Not many of us will ever have to deal with the incredible life of Dufresne. However, we are required to offer up our fair share of suffering and heartbreak, and to recognize our shortcomings. Life seems to expect this of us. We go from day to day with thoughts and dreams and hope that have not been fulfilled, and we are often imprisoned by our failures as parents, sons and daughters. ... The list goes on and on

For us, like Andy, that is not the end of the story.

Thanks be to God that we only have to live the life Dufresne did in our imaginations. God has given us the opportunity to experience life the way that it was designed. Not as a prisoner, but free from those things that would easily beset us. We can live a life free from the chastising aspects of life by having a relationship with God.

In the scriptures, I find the words that support this.

II Corinthians 5:17: "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold all things are become new.

And Lamentations 3:22-23: "It is of the Lord's mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness."

The next time anyone or anything tries to limit you or stifle your growth, focus your attention on the "new start" you have in God, and it is renewable every day.



#### **PROTESTANT**

■ Sunday

8 a.m. and 11 a.m. Daniel Circle Chapel (Gospel)

7:45 a.m. Bayonet Chapel (Hispanic) 9 a.m. and 10:30 a.m. Magruder Chapel 9:30 a.m. Main Post Chapel 10:45 a.m. Post-wide Sunday School (Main Post Chapel)

11 a.m. Memorial Chapel 11 a.m. Chapel Next, USACHCS, Fox/Poling Lab.

■ Wednesday

6 p.m. Prayer Service Daniel Circle Chapel 7 p.m. Gospel Mid-week Service Daniel Circle Chapel

#### **Protestant Bible Study**

■ Monday

7 p.m. Women's Bible Study (PWOC — Main Post Chapel, Class 209)

■ Wednesday

7 p.m. Anderson Street Chapel 7 p.m. Daniel Circle Chapel

7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)

■ Thursday

9:30 a.m.-noon Women's Bible Study (PWOC, Main Post Chapel)

6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)

7 p.m. LDS Bible Study (Anderson Chapel)

■ Saturday

8 a.m. Men's Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)

#### PROTESTANT YOUTH OF THE CHAPEL

■ Saturday

11 a.m. Daniel Circle Chapel (third Saturday)

5 p.m. Main Post Chapel

#### CATHOLIC

■ Monday-Thursday

11:30 a.m. Mass (Main Post Chapel)

■ Sunda

8 a.m. Mass (MG Robert B. Solomon Center) 11 a.m. Mass (Main Post Chapel) 9:30 a.m. CCD (Education Center) 9:30 a.m. Adult Sunday School 12:30 a.m. Catholic Youth Ministry

■ Wednesday
7 p.m. Rosary
7:30 p.m. RCIA/Adult Inquiry

#### **LUTHERAN/EPISCOPALIAN**

■ Sunday 8 a.m. Memorial Chapel

#### ISLAMIC

■ Sunday

8-10 a.m. Islamic Studies (Main Post Chapel)

■ Friday

12:30-1:45 p.m. Jumah Services (Main Post Chapel)

#### JEWISH

■ Sunday 9:30-10:30 a.m. Memorial Chapel 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

#### **CHURCH OF CHRIST**

■ Sunday

11:30 a.m. Anderson Street Chape

#### **LATTER DAY SAINTS**

■ Sunday

9:30 a.m. Anderson Street Chapel

#### ADDRESSES, PHONE NUMBERS

**Daniel Circle Chapel** 

3359 Daniel Circle, corner of Jackson Boulevard. 751-4478

Main Post Chapel

4580 Strom Thurmond Blvd., corner of Scales Avenue, *751-6469* 

Bavonet Chapel

9476 Kemper St.. *751-4542* 

Family Life Chaplain

4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780

Anderson Street Chapel

2335 Anderson St., corner of Jackson Boule-

vard. 751-7032

Education Center

4581 Scales Ave. Magruder Chapel

4360 Magruder Ave., *751-3883* 

120th Rec. Bn. Chapel

1895 Washington St., *751-5086* 

Memorial Chapel 4470 Jackson Blvd., 751-7324

Chaplain School 10100 Lee Road, 751-8050

#### LEGAL / INSPECTOR GENERAL

## Regulation clarifies pregnancy, postpartum profiles

By MASTER SGT. HENRY RAMOS Assistant Inspector General

Pfc. Smith found out recently that she was pregnant. Because she is still fairly new to the military, she was worried about the impact her pregnancy would have on her daily duties and responsibilities. She had no idea what type of profile she was going to be on and what was expected of her.

According to AR 30-501, Chapter 7-9, upon confirmation of a Soldier's pregnancy by a physician, nurse, midwife/practitioner or physician assistant (by visual confirmation or a lab test) the Soldier will be provided a physical profile for the duration of the pregnancy.

Activities that are acceptable during pregnancy are specifically noted in the profile and include: specific stretching, aerobic conditioning at own pace, lifting up to 15 pounds, wearing a helmet and carrying a rifle.

The commander will counsel the Soldier as required by AR 600-8-24 and AR 635-200. The commander will con-

sult with medical personnel and with

the occupational health clinic requesting site visits by the occupational health personnel to asses any work place hazards.

This includes hazards and duties that would make the Soldier nauseated, easily fatigued or experience sudden lightheadedness because of exposure to fuel vapors.

Soldiers are exempt from regular physical training, testing/weight standards during pregnancy. They are also exempt for 180 days post pregnancy and are encouraged to participate in a pregnancy PT program, if



available. Currently there is a standardized Army-wide PT program for pregnant and postpartum Soldiers. Soldiers should obtain a health care provider's approval for any proposed exercise.

According to AR 600-8-10, convalescent leave will be determined by the attending physician following delivery. The usual time allotted is 42 days following a normal pregnancy and delivery, though a physician may determine a different amount of leave depending on the circumstances.

After the Soldier gives birth, and prior to her leaving the hospital, the doctor will provide the Soldier with a post-partum profile.

AR 40-501, para 7-9, states that this temporary profile will be for 45 days beginning the day of delivery and allows for PT at the Soldier's own pace. Participation in a postpartum PT program is encouraged, and is aimed at assisting Soldiers in returning to required physical fitness standards and transitioning back to unit PT.

For additional information see AR 40-501, Chp 7-9, 7-10; AR 600-8-10 Sec II, Chp 5-3.

#### FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor

Director,

Emergency Services/Provost Marshal

Sgt. Maj. Glen W. Wellman III

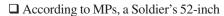
Provost Sergeant Major

Billy Forrester

Fire Chief

#### **CASES OF THE WEEK**

☐ A contractor was issued a citation for marijuana possession and one-year limited post bar letter, Military Police said. MPs discovered the drugs after receiving a tip that a man with his vehicle parked in the Palmetto Falls parking lot appeared to be observing water park activity through binoculars.





flat screen television was stolen from his home in the housing area. MPs said the home was left unsecured.

☐ MPs and fire department personnel determined there was no threat after responding to a fire alarm at Moncrief Army Community Hospital, MPs said. Officials do not know what activated the alarm.



